

Make a move to address your **chronic constipation**

Is CIC still affecting you? Be sure your doctor knows it.

CIC can be difficult to put into words. Let this guide help you and your doctor talk about the issues specific to your CIC experience. If you're looking to change your current approach, ask your doctor about the different ways to treat CIC.

*Chronic means having symptoms for at least 6 months. Idiopathic means the cause of the constipation is unknown.

IMPORTANT SAFETY INFORMATION

Do not take Motegrity if you:

- are allergic to Motegrity. Allergic reaction symptoms may include trouble breathing, rash, itching and swelling of your face, lips, tongue or throat.
- have a tear in your stomach or intestinal wall (bowel perforation), a bowel blockage (intestinal obstruction) or serious conditions of the intestinal wall such as Crohn's disease, ulcerative colitis.

Scroll below for additional Important Safety Information and the full Prescribing Information and Patient Information.

Get started: Fill out this discussion guide to help you and your doctor get the full picture of how CIC affects you.

Treatment History

1. What treatments are you currently taking, if any?

2. What treatments have you tried in the past, if any?

3. Are you still taking any of those treatments?
If not, how long did you take those treatments?

4. For past treatments, why did you stop taking those medications?



Personal Life

5. Does your CIC affect how you are feeling?

Never Sometimes Frequently Always

6. How often are your daily activities impacted by your CIC?

Never Sometimes Frequently Always

7. What symptoms are bothering you?

8. How often do your symptoms bother you?

Never Sometimes Frequently Always



Healthy Lifestyle

9. Are you following a high fiber diet?

Never Sometimes Frequently Always

10. Do you make an effort to drink more water and stay hydrated?

Yes No

Scroll below for additional Important Safety Information and the full Prescribing Information and Patient Information.



Bathroom Visits

11. Do your visits to the toilet leave you feeling like you have not fully finished?

Never Sometimes Frequently Always

12. Do you often plan your day around trips to the bathroom?

Yes No

13. Does going to the toilet ever disrupt your daily routine?

Yes No

14. Do you find yourself looking for the nearest bathroom wherever you are “just in case”?

Yes No

15. How many days a week does CIC typically disrupt your day?

0 1-3 4-6 7

Thanks for completing the discussion guide!

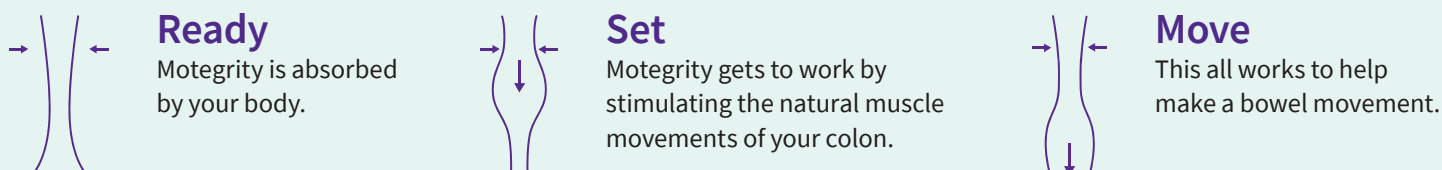
Share this with your doctor to let him/her know that you are motivated to continue the conversation.

Scroll below for additional Important Safety Information and the full Prescribing Information and Patient Information.

Make your move with Motegrity, the only CIC treatment of its kind

Motegrity helps get your colon moving

Unlike other prescription medications for CIC, Motegrity works differently by stimulating natural movements of the colon muscle, known as peristalsis.



► **Ask your doctor if Motegrity may be right for you.**

IMPORTANT SAFETY INFORMATION ABOUT MOTEGRITY

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Before taking Motegrity, tell your healthcare provider (HCP) about all of your medical conditions, including if you:

- have or have had depression, suicidal thoughts or actions, or mood problems
- have kidney problems. Your HCP may give you a lower dose of Motegrity
- are pregnant or plan to become pregnant. It is not known if Motegrity will harm your unborn baby
- are breastfeeding or plan to breastfeed. Prucalopride can pass into your breastmilk. Talk with your HCP about the best way to feed your baby if you take Motegrity.

Tell your HCP about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of Motegrity?

Motegrity may cause serious side effects, including:

- unusual changes in mood or behavior, thoughts of hurting yourself, trying to hurt yourself, or suicide. Stop taking

Motegrity right away and tell your HCP immediately if your depression gets worse, you feel sad, hopeless or begin to have thoughts of suicide, thoughts of hurting yourself or you have tried to hurt yourself or if you develop new depression.

The most common side effects of Motegrity include:

- headache
- stomach area (abdominal) pain or bloating
- nausea
- diarrhea
- dizziness
- vomiting
- gas
- fatigue

These are not all the possible side effects of Motegrity. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

What is Motegrity® (prucalopride)?

Motegrity is a prescription medicine used in adults to treat a type of constipation called chronic idiopathic constipation (CIC). Idiopathic means the cause of the constipation is unknown. It is not known if Motegrity is safe and effective in children.

Please click here for full [Prescribing Information](#) and [Patient Information](#).



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motegrity®
(prucalopride) tablets 1mg, 2mg